

Holderness Recreation Counselor in Training 2016

Holderness Recreation is proud to announce the start of our Counselor in Training Program. The program is geared towards participants who are between the ages of 13 – 15 (by the start of the program) and who are interested in gaining leadership skills as well as skills in leading activities for children.

Participants will become familiar with how our program functions, as well as the role of a counselor. Participants will do this through various group activities and involvement in other programs throughout the summer. CIT's are not employees. They are considered SummerEscape participants who receive training and hands-on experience working with children in a municipal recreation setting.

What are the goals of this program?

- To offer teenagers an opportunity to explore the field of recreation through their experience at the SummerEscape program
- To train and recruit future summer counselors
- To teach life skills
- To strengthen community
- To provide positive role models for our participants

Our hopes for CIT participants:

- Learn more about SummerEscape (daily schedule, safety, set up of activities and camp rules)
- Learn about the role of a summer counselor
- Build and develop skills that allow you to interact professionally with campers and other staff
- Explore and learn more about yourself and others
- Learn to work in groups
- Develop and enhance self-confidence and leadership skills
- Become a role model to other campers
- Have Fun!

Fees: \$40 / week + field trip fee for that week (\$5-\$15) & shirt fee (\$8).

- Participants are required to commit to one full program week. Applicants may register for up to 2 weeks with application submittal, registration form and all fees submitted with application. Space may be limited. Should applicant not be accepted all fees will be refunded. Once participant has completed the first week the SummerEscape Director, in consultation with the Recreation Director, may deny the second week of participation if necessary. In the event that participation in the second week is denied, a refund will be issued for that week.
- ***It is important that both parent/guardian and applicant note the following: Participation in the CIT program is not an offer, nor is it an implied offer of future employment. Not all applicants will receive a spot. Please note all deadlines and mandatory orientation dates that apply. New applicants who do not attend orientation with a parent or guardian will lose program eligibility. There are no refunds for registration or t-shirt fees unless you are not accepted.***

Guidelines of a CIT:

1. Your role as a CIT is an important one. You will be a valuable addition to our program. You will be assigned a Counselor to assist during your time with us. You will not be left in charge of participants directly, but you may find yourself assisting a participant that has perhaps forgotten something in his/her locker.
2. While in your group, you will be asked to help prepare for group activities, these tasks may include gathering supplies such as balls or arts and crafts. You may be asked to set up cones on the fields or put out tennis equipment for tennis lessons. We ask that you follow the directions from your assigned counselor and if you do not understand or do not think that you can do the task given, please talk to Tammy.
3. In essence you will be what we call shadowing counselors to see how they prepare for and lead activities. You will be observing their behavior and leadership styles in hopes that you will start to develop your own leadership skills. You will not be asked to nor allowed to discipline participants or communicate with parents about participants behavior.
4. You will be expected to participate in training that is appropriate for your age and level of interaction with program participants. Any training fees will be paid for by Holderness Recreation.
5. CITs must have a desire to work with youth and able to interact in a positive manner with children of all ages and backgrounds. CITs must have the ability to motivate self, peers, and youth in an enthusiastic manner.
6. CITs must be reliable, honest, creative, and willing to follow through on all assigned tasks.

Time Commitment:

We would like CIT's to participate for 2-weeks at a time. It is possible to participate for more than 2-weeks if space allows and we mutually feel that you are a benefit to and benefitting from SummerEscape.

Work Environment:

Primary work environment is both indoors and outdoors, in varying types of weather and locations.

How you will be evaluated:

CIT's will be evaluated on a number of aspects of their performance. The evaluation process is through observation of various activities and achievements.

Application:

If you are interested in applying for the CIT program, please complete the application and return it as soon as possible or by May 1st. You will be notified with the date for a group interview. If you are accepted into the CIT program there will be an additional registration form to complete.

Please mail or hand-deliver your application and references to:

Mail:

Holderness Recreation
P.O. Box 203
Holderness, NH 03245

Drop off:

Town Hall
1089 US Rt. 3
Holderness, NH 03245

Holderness Recreation 2016 CIT Program Application

Name of applicant: _____

Age: _____ Date of Birth: _____

Current Grade: _____

Home Phone: _____

Physical address: _____

Mailing Address: _____

Parent / Guardian name: _____

Best Phone: _____

Physical address: _____

Mailing Address: _____

Email: _____

Parent / Guardian name: _____

Alternate Phone: _____

Physical address: _____

Mailing Address: _____

Email: _____

Emergency contact _____

Phone: _____

Please list two references, whom we could contact to let us know why we should make you a CIT:

(Good references include: teachers, youth group advisors, scout leaders, etc. No relatives or family please)

1. Name: _____ Relationship: _____ Phone: _____

2. Name: _____ Relationship: _____ Phone: _____

Please answer the following questions to the best of your ability

1. Rate the weeks you would like to participate from 1 – 8, with 1 being your first choice.

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Week 1 (6/22-7/24) | <input type="checkbox"/> Week 2 (6/27-7/1) | <input type="checkbox"/> Week 3 (7/5-7/8) | <input type="checkbox"/> Week 4 (7/11-7/15) |
| <input type="checkbox"/> Week 5 (7/18-7/22) | <input type="checkbox"/> Week 6 (7/25-7/29) | <input type="checkbox"/> Week 7 (8/1-8/5) | <input type="checkbox"/> Week 8 (8/8-8/12) |

2. I enjoy participating in the following activities:

- | | | |
|---|---|---|
| <input type="checkbox"/> Hiking | <input type="checkbox"/> Caring for Animals | <input type="checkbox"/> Playing Sports |
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Fishing | <input type="checkbox"/> Music |
| <input type="checkbox"/> Science Projects | <input type="checkbox"/> Group Games | <input type="checkbox"/> Art (drawing, painting, etc) |
| <input type="checkbox"/> Exploring Nature | | |

3. I prefer to work with the following age group(s):

- ☐ 5 and 8 year olds ☐ 8 and 12 year olds

4. Certifications:

- ☐ I have my first aid & CPR certification ☐ I need first aid & CPR Certification

5. I can attend training on the following days (Training is required; dates may change due to school release date):

- ☐ May 24 ☐ June 4 ☐ June 20 ☐ June 21 ☐ June 22

6. Camps:

☐ I have participated in SummerEscape

What did you like best about your time at SummerEscape?

What did you like least about your time at SummerEscape?

☐ I have participated in other sports, day/residential overnight camps

What kind of camps?

What did you like best?

What did you like least?

7. What do you hope to gain by participating in the CIT program?

I recognize that not all applicants are accepted into the Counselor-In-Training program. However, if I am accepted into the program, I will strive to be the best CIT that I can be. I further understand that I will be working with younger participants for most of the time this program meets. I will attend training sessions and follow the rules of the program as well as follow the directions and guidance of the SummerEscape Director.

Participant Signature: _____ Date: _____

Parent / Guardian Signature: _____ Date: _____